



# national **get outdoors** day

denver**colorado** june.13.2009.denver**city** park

June 13, 2009 has been designated as National Get Outdoors Day. This national event is designed as a day to connect kids and their families to the wonders of the great outdoors – from our neighborhood parks to our nearby mountains.

## **Denver City Park June 13, 2009**

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The National Get Outdoors Day Denver event is scheduled to begin at 9:00 am and conclude at 3:30pm on Saturday, June 13, 2009. Regional web address: [www.fs.fed.us/r2/go-day](http://www.fs.fed.us/r2/go-day). National website: [www.nationalgetoutdoorsday.org](http://www.nationalgetoutdoorsday.org)

### **Event day goals:**

- This event encourages kids and their families to make healthy lifestyle choices and to get active in the great outdoors.
- This event engages new and existing partners in connecting people, especially kids, to the outdoors. *National Get Outdoors Day* is shaped and carried out by a broad and diverse coalition of public and private organizations.
- This event focuses on healthy lifestyle choices, nature based outdoor activities, education and programs/organizations that provide ongoing opportunities for people to connect to the outdoors.

### **Event Program and Activity Zones:**

- **Orientation Station**  
The orientation station is the first stop for the day's activities. Volunteers will sign in and be briefed on assignments. Guests will receive the site map and schedule of events and sign waivers to participate in climbing, mountain biking and canoeing.
- **Outdoor Connections**  
Here, kids and their families can learn about those organizations that can help facilitate a life long connection the outdoors. Kids can learn about scouting and volunteering as well as the many opportunities within the network of public lands.

- **Get into the Outdoors**  
This zone will provide active outdoor recreation opportunities such as: mountain biking, rock climbing, canoeing, skiing, birding, volksmarch (5k and 10k) and a low ropes challenge course.
- **Take a Family Fishing** Take a Family Fishing or TAFF chose to join National Get Outdoors Day for 2009. The Colorado Division of Wildlife will stock Ferril Lake within City Park and provide fishing opportunities for up to 500 children. Kids will learn how to fish and will take home a fishing rod.
- **Junior Ranger Camp and Woodsy's Wood**  
The Junior Ranger Camp will provide a passport guided experience for young children. They will learn about their natural environment, go geocaching, and build bird houses and bat boxes. Throughout the day those kids who complete their passport will be sworn in as Junior Rangers.
- **Cultural Connections**  
The cultural connections zone will showcase a number of cultures who have made significant contributions to the State of Colorado. Participants that day can learn more about our shared Tribal Heritage, experience the beautiful legacy of Dragon boats and more.
- **The Green Village**  
In the green village guests will learn about those things they can do in their own homes, yards and communities to live more sustainably and steward the environment.
- **The Health Zone**  
The health zone will showcase ways to get fit outside as well as address important health issues such skin cancer, diabetes and more.